Life's Fortune Multi-Vitamin and Mineral

Suggested use: As a dietary supplement, adults, orally, three tablets once daily for maximum results, or as directed by a health professional, Children one tablet or more as desired.

Ingredients: Per Serving	% DV	
Vitamin A (as Beta Carotene)	10000 IU	200%
Vitamin A (Palmitate)	5000 IU	100%
Vitamin C (as Ascorbic Acid)	500 mg	833%
Vitamin E (as d-Alpha Acetate Tocopherol)	200 IU	667%
Selenium (as Selenium Amino Acid Chelate)	50 mcg	71%
Vitamin D3 (as Cholecalciferol)	400 IU	100%
Thiamin (as Thiamine HCI)	50 mg	3333%
Riboflavin (B-2)	50 mg	2941%
Niacin	10 mg	50%
Vitamin B-6 (as pyridoxine HCL)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	100 mcg	1667%
Biotin	100mcg	33%
Pantothenic Acid (as d-calcium pantothenate)	20 mg	200%
Calcium (from Calcium carbonate, calcium citrate ma	alate, 160 mg	16%
d-calcium pantothenate)		
Phosphorous (from phosphorous amino acid chelate)	40 mg	4%
Magnesium (from Magnesium Oxide)	100 mg	25%
Selenium (from selenium amino acid chelate)	50 mcg	71%
Zinc (from Zinc Amino Acid Chelate)	15 mg	100%
copper (from cupric oxide)	0.2 mg	10%
Manganese (from Manganese Sulfate)	5 mg	250%
Chromium (from Chromium nicotinate)	50 mcg	42%
Potassium (from Potassium Citrate)	50 mg	1%

Proprietary Blend 1.6 grams

Spirulina (algae), Organic Wheat Grass (leaf), Rice Protein Isolate, Trace Minerals blend 72, Choline Bitartrate, Inositol, Plant enzymes(Cellulase, Bromelain, Papain, Amylase, Lipase), Bioflav oinoids (fruit), Gotu Kola (aerial part), Korean Ginseng (root), Kelp (thallus), Safflower (flower), Echinacea (root), Green Tea extract (leaf), Para-Amino Benzoic Acid(PABA), Psyllium (husk), Oat bran (spikelets), Apple pectin (fruit), Barley Grass (leaf), Boron amino Acide Chelate, Octacosanol, Chlorophyllin.

Other ingredients: Modified Cellulose, Modified Cellulose Gum (Contains 0.2 mg Sodium <1% Daily Value), Silica, Magnesium Stearate

Does not contain soy, milk, yeast, wheat gluten, egg, rye, artificial colors, or preservatives.

Disclaimer: These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.