

**Suggested Use:** Take 1 softgel three times daily, preferably with a meal, as a dietary supplement, or as directed by a physician.

**Warning:** If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

**\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)

Best if used by date on bottle. Store at room temperature.

**KEEP OUT OF REACH OF CHILDREN**

Any Questions? 1-800-644-8327

Website: [www.botanicchoice.com](http://www.botanicchoice.com)

Herbal Supplement

90 SOFTGELS

1000 mg.

Heart Support\*

Flaxseed  
Oil

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%†
Polyunsaturated Fat	0.5 g	**
Organic Flaxseed Oil	1 g	**
which typically contains:		
Alpha-Linolenic Acid (Omega-3)	450 mg	**
Linoleic Acid (Omega-6)	110 mg	**
Oleic Acid (Omega-9)	110 mg	**
Other Fatty Acids	50 mg	**

† Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value not established.

**OTHER INGREDIENTS:** GELATIN, VEGETABLE GLYCERIN, NATURAL CARAMEL COLOR, PURIFIED WATER.

DISTRIBUTED BY: INDIANA BOTANIC GARDENS, INC.  
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